

Lucas Local Schools
2009-2010
Athletic Participation
Handbook



Board of Education Adopted
June 16, 2009

Welcome & Introduction

Welcome to the athletic program of the Lucas Local Schools! We are very excited that you have decided to make a commitment to represent the Lucas community through your athletic participation. By joining a sports team, you become an integral part of the athletic program and undertake a difficult task inherent with scrutiny, sacrifice, dedication, selflessness, hard work and competition. Lucas has enjoyed its share of successes over the years and looks forward to seeing you use your unique talents and abilities to further our traditions.

In order to ensure that the Lucas community has a quality athletic program of which it can always be proud both on and off the playing surfaces, the District and Athletic Department have developed rules, regulations and guidelines to help maintain the high standards of excellence expected from Lucas student-athletes. It is our hope that this handbook will help provide students, parents/guardians and coaches with the information necessary to excel within the athletic program.

We wish each and every one of our students, parent/guardians and coaches the best of success as they compete this year. ***GO CUBS!***

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***Sportsmanship is
Everyone's Responsibility!***

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NEED MORE INFO??
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www.highschoolsports.net
www.ohsaa.org
www.lucasubs.org



Lucas Athletic Department Philosophy & Mission



As a member of the Ohio High School Athletic Association and the North Central Conference, the Lucas Local School District is dedicated to excellence in both academics and athletics and believes that a dynamic program of student activities is vital to the overall development of the student. As an integral part of the total educational curriculum, the Lucas Athletic Department will provide a nurturing environment to assist in developing lifelong learning skills, develop positive working relationships, promote self-realization and all-around growth while also developing students into productive members of the local community and the greater society. To accomplish this, the athletic staff will strive to create a program with a variety of experiences to enhance the development of positive habits and attitudes that students may carry into adulthood. The staff will promote hard work, sportsmanship, integrity and discipline to help instill a sense of pride and tradition in Cub athletics, the Lucas community, school and to enable each student to work toward his/her ultimate potential.

GUIDING PRINCIPLES & OBJECTIVES:

- We will always promote a positive image of athletics at Lucas, whether on the fields of play, in school or in the community.
- We may not always win, but we will continually strive for victory. We will desire to excel in all contests and will accept defeat with grace, knowing that we have striven to win with the utmost dedication.
- We will accept both success and failure with humility, like true sportsmen knowing that we have given forth our best effort. We will treat others as we would be treated and will exhibit the admirable traits of self-control, loyalty, honesty, leadership, self-motivation, teamwork, integrity and dependability.
- We will acknowledge the personal rewards we obtain from our participation, but realize that unless we give our best effort for the improvement of the team and our teammates, true success will never come.
- We will learn that in all situations, important life-lessons can be learned. Each win or loss, contest or practice, bus ride and locker room speech is filled with many important opportunities that students, parent/guardians, coaches, family, friends and fans can utilize. We will endeavor to act accordingly and react to each situation in an appropriate manner.
- We will become active, contributing citizens by obtaining a high degree of physical fitness and good health habits through athletic participation and carry these with us when our playing days are over.
- We will remember that above all, interscholastic competition is just a game. As such, while we play these great games, we will always strive to have fun & enjoy the time with friends and family!

Sportsmanship...

Make it a tradition...

Practice it for Life!

Levels of Competition

Varsity

The perfection of skill, playing the best overall athletes possible and winning is the emphasis at this level. While winning at all costs will never be a part of our philosophy, no apology shall be necessary when the varsity team does all it can within the bounds of ethics, integrity and sportsmanship to win each and every contest. In certain sports, cutting may be used and it is extremely likely that some players may not see action in each contest.

Junior Varsity

Emphasis at this level of competition begins to focus on skill refinement and winning as a team. Cutting may occur at this level in certain sports. It is possible that not every player will have the opportunity to play in every contest.

Freshman

Emphasis at the freshman level is on participation, skill development and team success. If a sports program supports a freshman squad, efforts will be made not to cut players at this level, as the future ability of these students is largely uncertain. Attempts will be made to play as many students as possible during each contest while striving for victory for the entire team.

Middle School

Preferably, two teams will be created at the middle school level in each sport; one at the 7th grade level and one at the 8th grade level. If this is not possible due to low numbers in a particular sport, we will create a single middle school team by combining all 7th and 8th grade students. Emphasis at this level is on individual participation along with team success. Every attempt will be made to encourage student participation including attempts to play each student in every contest while also ensuring success for the entire team.

Interscholastic Competition

The Lucas Local Schools participates in the following interscholastic athletics within the governing rules, regulations, policies and guidelines of the Ohio High School Athletic Association & the North Central Conference and presents awards & associated honors to participants at the conclusion of the sport season:

Middle School

Cheerleading (football & basketball)
Football (7th & 8th grade)
Volleyball (7th & 8th grade)
Basketball (boys & girls, 7th & 8th grade)
Track & Field (boys & girls, 7th & 8th grade)

High School

Cheerleading (football & basketball)
Cross Country (boys & girls)
Football
Volleyball
Basketball (boys & girls)
Track & Field (boys & girls)
Baseball
Softball

Risk of Participation

Students and parent/guardians must realize and understand the very real possibility of serious injury, *or even death*, as a normal hazard of athletic participation. Lucas will use the following safeguards in an effort to eliminate injury to students, but cannot in any way guarantee a student's total safety once they choose to participate in athletics:

- All coaches (paid and volunteer) will follow all OHSAA rules, regulations and guidelines, as well as obtain proper coaching certifications, including training in sports-related first aid and cardiopulmonary resuscitation.
- Coaches and/or the athletic trainer (when available) will provide information on proper conditioning, nutrition and injury prevention and rehabilitation to students.

Requirements for Participation

As outlined by the Ohio High School Athletic Association and this handbook, students are prohibited from participating in any mandatory practice, scrimmage and/or game until all of the following items have been completed and turned in:

1. Physical Examination Form: must be cleared annually by a physician.
2. Emergency Medical Authorization Form: provides permission to treat your student in the case of an emergency situation; complete Part I or Part II only, not both.
3. Residency Report: proof of residency is required by the OHSAA.
4. Medical Insurance Responsibility: insurance must be carried on all students participating in athletics.
5. OHSAA Eligibility Checklist: satisfaction of all OHSAA Bylaws on eligibility is required.
6. Parent/Guardian & Athlete's Pledge: participation is a privilege, not a right.
7. Satisfaction of OHSAA & Lucas Eligibility Requirements: see pages #10-11 for more information.
8. Team Training Rules: as provided by & returned to the Head Coach.

Statement on Sportsmanship

Sportsmanship is defined as those qualities of behavior characterized by generosity, a genuine concern for others, following accepted rules & regulations and acting with respect & integrity at all times. The ideals of sportsmanship, ethical behavior and integrity permeate our culture as these values of good citizenship and high behavioral standards apply equally to all disciplines. As a member of the athletic program at Lucas, an awareness is expected of the impact of the individual's influence on the behavior of others. Good sportsmanship is viewed by the Lucas Local Schools as a concrete measure of this understanding and commitment to fair play, ethical behavior and integrity.

Spectators are to demonstrate positive enthusiasm without causing harm, danger or embarrassment to the team, school or others in attendance by showing respect towards all players, coaches, officials and fans, as well as showing pride & respect for their school. Students are reminded that the majority of school rules are still in effect at after-school events & that disciplinary action may be taken for actions at athletic events. All spectators are reminded that failure to follow these guidelines, or failure to comply with the directions of game or school officials, will be cause for ejection from the contest without refund.

Fan Expectations

- Limit entrance & exit from the seating areas to dead ball situations. Be considerate of those around you; they paid admission to watch the action, not you.
- Profanity, offensive language and/or verbal harassment of players, coaches and/or officials will not be tolerated at these family activities.
- Obscene gestures and/or the throwing of objects is unacceptable.
- Work with cheerleaders in positive chants & refrain from obscene or degrading cheers.
- Root for your team, not against the opponent. The opponent is not an enemy – they're teenagers.
- During the playing/singing of the National Anthem, all able are expected to show respect to our nation and our veterans by standing still & quietly.
- After the contest, leave the facility in a timely manner and deposit your trash in the nearest receptacle.

Conduct & Responsibilities of Student-Athletes

As a member of an athletic team, certain traditions and responsibilities must be maintained. A tradition such as the Lucas Cubs is not built overnight. It has taken years of hard work and the dedication of many students and coaches throughout the generations. As a student-athlete, you have inherited a wonderful tradition – a tradition you are challenged to improve upon! It is not easy to contribute to such an imposing task. To compete as a Cub, you may have to say no to certain "pleasures" that an athlete simply cannot afford. When you wear the black

and orange, you must understand the sense of pride and tradition it carries and be willing to assume the responsibilities as well.

A student-athlete's conduct is closely observed in many different arenas. Students must understand that once he/she joins a sports team, that he/she immediately becomes a role model to both their peers and younger students as well. A student-athlete's behavior must be above reproach in all areas. On the playing surfaces, the use of profanity and unsportsmanlike or illegal tactics must never be used. True athletes know and understand that losing is a part of competition and must handle losses with grace. Regardless of contest results, Lucas athletes are expected to congratulate opponents on a well-played contest and show respect to opponents, coaches, fans and game officials at all times.

A student-athlete is expected to reach his/her ultimate potential in the academic arena as well. Athletes must plan their schedules so that sufficient time and energy is given to classroom performance. In addition to maintaining good academic standing, athletes will give respectful attention to classroom activities and show respect for other students and school faculty and staff. Horseplay and unnecessary boisterousness are not approved habits of behavior for student-athletes at Lucas. The way a student-athlete looks and acts while at school is of great importance. Athletes must make a special effort to ensure that they exhibit qualities that make students respect and want to follow them.

Responsibilities to Yourself

As a student, you owe it to yourself to get the greatest possible good from your school experiences. Participation in athletics is an integral component in this, as it helps to broaden your strength of character, your sense of being and teaches you personal responsibility. Your studies and your participation in extracurricular activities will prepare you for the rest of your life.

Responsibilities to Your School

Another responsibility that you assume is to the school. Lucas cannot maintain its position as an outstanding school district unless you give forth your best effort in whatever you engage. You have also assumed a leadership role as a member of an athletic squad. The student body and community will know you, witness your actions and hear your words. Those within and outside our community will judge our school by your conduct, attitude and actions on and off the field. Always conduct yourself in a manner that makes Lucas proud of you.

Responsibilities to Others

You also bear a heavy responsibility to your home. When you know in your heart that you have lived up to the rules contained in this handbook, that you have practiced to the best of your ability each & every day and that you have played the game "all out" the right way, you will be able to keep your self-respect and your family can be justly proud of you. If you never give your family anything to be ashamed of, you will have measured up to the ideal.

Conduct & Responsibilities of Parent/Guardians

In order to enjoy your student's participation to the fullest, and make it fun and meaningful to him/her, please understand what Lucas expects as the responsibilities of the parent/guardian of a student-athlete:

- Encourage your student to play sports, but don't pressure. Let your student choose what & when to play.
- Understand what your student wants from sports and provide support to achieve his/her goals.
- Set limits on your child's participation. Don't let sports become your student's life – make it an enjoyable addition!
- Show support for your student's participation by ensuring he/she gets proper amounts of rest, nourishment and time for classwork.
- Help your student keep winning & losing in perspective.
- Help your student set challenging, yet realistic performance goals. Focus on more than just the win or becoming the "star" of the team.
- Help your student understand the innumerable life-lessons that athletic participation provides.

- Help your student meet his/her responsibilities to the team and the school by ensuring he/she follows all rules, regulations and guidelines of the Student Conduct Code, the OHSAA, individual team rules and this handbook.
- Permit the coaches to do what they have been hired to do.
- Provide the coach with information on special health conditions your student may have. Make sure that your student brings any necessary medications to all practices and/or contests.
- Help your student be responsible to him/herself and teammates by ensuring that he/she is at all practices and contests on time, with the proper equipment and supplies.
- Be an exemplary role model to your student by positively supporting the team in every manner possible, including the content of your cheers and your conversations at the dinner table.
- Respect the decisions made by coaches and officials, even when you disagree with them.
- Realize that purchasing a ticket grants you a privilege to observe a contest and support a district team. This ticket does not provide you a right to verbally assault players, coaches, officials or other fans. This, and other generally obnoxious behavior subjects parents/guardians or fans to ejection from the event. Additionally, administration reserves the right to remove and/or ban any parent/guardian or fan from school activities and/or grounds due to disorderly conduct.
- Be a fan...*Not* a fanatic!

Conduct & Responsibilities of Coaches

The Lucas Athletic Department is committed to providing all students the ability to compete in a variety of activities in a properly controlled, organized and educationally sound program. In an effort to enhance our student's social, mental and physical growth,

- Coaches will always set a good example for participants and fans, exemplifying the highest moral & ethical behavior.
- Coaches will instruct athletes in proper sportsmanship and demand that they make it a priority.
- Coaches must be constantly aware that instruction takes place through modeling & structured teaching.
- Coaches will always desire to win, but remember that this desire cannot override the health, safety, welfare or the worth and dignity of the individual athlete.
- Coaches will complete an approved first-aid training course, a course in cardiopulmonary resuscitation, pass an extensive background check and all required certification courses.
- Coaches must be aware of the various audiences they perform in front of, including players, assistants, teachers, administrators, parents, fans, media, board of education members, etc. Coaches are to work to maintain the trust and confidence of those directly involved in the program.
- Coaches will support all Lucas athletic and curricular programs by encouraging students to be active in as many activities as they can. No coach will disparage another program and/or encourage a student to quit another program.
- Coaches will work to discover the individual strengths, interests and aspirations of their athletes and make position assignments based on this knowledge.
- Coaches will be sensitive to the thoughts and feelings of players and shall communicate a willingness to listen, be open and friendly.
- Coaches will realize and understand that although students have committed themselves to the team, there may be inevitable schedule conflicts and will work with adults involved to find a suitable and workable solution. The athlete shall never be placed at the center of this conflict.
- Coaches will have a high level of understanding and patience in order to respond to even the most highly pitched emotional situations. Over-reaction and impulsivity must be the exception - not the norm.
- Coaches must be highly organized and prepared for all practice and contest situations. Coaches shall also be flexible and aware for the need of revision to any and all plans.
- Coaches must be committed to their craft and are expected to further their professional knowledge in all areas. Coaches are encouraged to attend a variety of coaching clinics and training programs to further develop their abilities to lead their program.

Communication is a cornerstone for success!

As mentioned earlier, the Lucas Athletic Department is committed to making all students' participation in athletics a meaningful experience. Part of this commitment is to continually improve communication with students, parent/guardians and fans. To be truly successful, it is necessary that everyone involved in a program understand the direction the program is headed. For this to occur, communication must be clear, concise and timely. The Athletic Department will utilize a number of sources of communication to accomplish this goal, including, but not limited to, this handbook, the District & athletic websites, local media outlets and the school announcement systems.

What students and parent/guardians can expect from their Coach(es):

- When and where practice and contests are to be held.
- The coach's philosophy of coaching and the game.
- The overall expectations the coach has for the squad.
- The coach's expectations for the individual student.
- Requirements necessary to be part of the team (i.e., fees, special equipment, etc.)
- Notification of injury sustained by the student.
- Any disciplinary action toward the student that results in denial or participation.

What Coaches expect:

- *Written* notification of potential schedule conflicts well in advance; your coaches may not remember something told to them in passing.
- Support toward the program's goals & directions
 - Ensure that your student is on time to all practices & contests and receives proper amounts of rest & nourishment.
 - Ensure that you and your student follow all school & athletic rules, regulations and guidelines and expectations.
 - Volunteer for the various game duties necessary for the operation of events.
- Concerns about the program expressed directly to the Head Coach, at the appropriate time.

To discuss a concern/issue, the following procedure must be followed:

- Stop by practice, call the school or e-mail the Coach to make an appointment to meet. If the concern/issue has validity, the AD expects that the item first be discussed directly with the Head Coach.
- If for some reason the Coach cannot be reached, feel free to contact the AD who will set up an appointment for you.
- Do not attempt to confront a Coach before, during or after a contest. This is an emotional time for all parties and generally does not allow for objective analysis or rectification of an issue.
- Under no circumstances, except in those instances of rule/policy infringement, will a conference with a coach have an adverse consequence on the standing of the athlete.

Concerns/Issues that Coaches would love to discuss with parent/guardians:

- The mental and/or physical treatment of your student.
- Areas of needed skill improvement and development opportunities for your student.
- Concerns about your student's behavior, attitude, and/or classroom performance.

Concerns/Issues NOT open to discussion with parent/guardians:

- Playing time: only athletes may discuss playing time with the Coach.
- Team strategy, game-plans and/or play calling.
- Comparisons of one student to another.
- Other students' and/or athletes' academics, discipline, injury, etc. It is both impolite & illegal.

What if you hold a meeting with your Head Coach & you are not satisfied with the results?

- Call the AD at 419-892-2833 x236 or e-mail teague.eric@lucascubs.org to set up a meeting to discuss the issue.
- The appropriate and necessary steps will then be determined.

Eligibility Guidelines

As a member of the OHSAA, Lucas adheres to all rules, regulations, Bylaws and guidelines of the Association. As such, students wishing to participate in interscholastic athletics at Lucas must meet certain eligibility requirements as established by both the OHSAA and the Lucas Board of Education. For more complete information on eligibility, visit www.ohsaa.org.

Age Limitation

1. If a student enrolled in high school attains the age of 19 before August 1, the student shall be ineligible in interscholastic athletics for the school year commencing in that calendar year. (OHSAA 4-2-1)
2. A student shall become eligible for high school athletics when the student attains the fifteenth birthday before August 1, or when the student attains ninth grade status. (OHSAA 4-2-3)

Conduct, Character, Discipline

1. In matters pertaining to personal conduct in which athletic contests and their related activities are not involved, the school itself is to be the sole judge as to whether the student may participate in athletics. (OHSAA 4-5-1)
2. Any student suspended or expelled from a member school shall be ineligible for interscholastic athletics at any member school for the duration of the suspension or expulsion. (OHSAA 4-5-5)

Enrollment and Attendance

1. Students participating in a school-sponsored sport must be enrolled in and attending full-time in accordance with all duly adopted Board of Education policies. (OHSAA 4-3-1)
2. Students enrolled in a joint vocational school are eligible at the high school where the students' records are maintained. (OHSAA 4-3-1)
3. A student enrolled full-time in postsecondary institution is eligible to participate at the high school where the student's records are maintained, provided the student is receiving high school credit for a minimum of five one credit courses. (OHSAA 4-3-1)
4. After a student completes the eighth grade, or is otherwise eligible for high school athletics pursuant to Bylaw 4-2-3, the student shall be eligible for a period not to exceed eight semesters taken in order of attendance, whether the student participates or not. (OHSAA 4-3-3)
5. A student will be denied the privilege of athletic participation if he/she is suspended from class for the length of that time period. This denial of participation shall be regardless of whether the removal from class is in the form of an out-of-school suspension or a placement within the ALC.

Residence

1. In determining one's residence...the following criteria shall apply: (a) where the parents and family members sleep the majority of the time, (b) where the mail is received, (c) where the meals are prepared and eaten, (d) where the parents are registered to vote, and (e) where important family activities take place during significant parts of each day. (OHSAA 4-6-1)

Scholarship

1. In order to be eligible in grades 9-12, a student must be currently enrolled and must have been enrolled in school the immediately preceding grading period. Furthermore, during the preceding grading period, the student must have received passing grades in a minimum of five (5) one-credit courses or the equivalent, each of which counts toward graduation. (OHSAA 4-4-1)
2. A student enrolled in the first grading period after advancement from 8th grade must have passed 75% of those subjects carried the preceding grading period in which the student was enrolled.
3. A student enrolled in 7th grade for the first time will be eligible for the first grading period regardless of previous academic achievement. Thereafter, in order to be eligible, a student in grades 7 or 8 must be currently enrolled and must have been enrolled in school the immediately preceding grading period and received passing grades in during that grading period in 75% of those subjects in which the student received grades.

4. The Lucas Board of Education requires that students in grades 9-12 achieve a minimum Grade Point Average (GPA) of 1.50 to maintain athletic eligibility. *Students in grades 9-12 wishing to participate in athletics during the 2010-2011 school year and beyond must earn a minimum GPA of 1.70.*
5. Summer school and other educational options cannot be used to substitute for failure to meet academic standards. (OHSAA 4-4-7)
6. The eligibility or ineligibility of a student begins 24 hours after the mandatory grade reporting date established by the Lucas Board of Education.

Students From Foreign Countries and Exchange Students

1. Students from countries and provinces outside the United States are ineligible for interscholastic athletics. (OHSAA 4-8-1)

EXCEPTION 1: A student from a country or province outside the United States may be declared eligible if the student's parents move into and are legal residents of the school district in which the student is enrolled and attending. The student is not eligible until declared eligible by the Commissioner.

EXCEPTION 2: A student in an approved foreign exchange program contained in the Advisory List of International Educational Travel and Exchange Programs published by the Council on Standards for International Educational Travel (CSIET) may be eligible for a maximum of one year of interscholastic athletics.

EXCEPTION 3: A student from a country or province outside the United States may be declared eligible for interscholastic athletics upon the submission of a court approved document certifying the student's adoption by a legal resident of the school district in which the student is attending. The student is not eligible until declared eligible by the Commissioner upon submission of the appropriate court documents.

EXCEPTION 4: A student from a country or province outside the United States may be declared eligible for interscholastic athletics when the student's parents are citizens of the United States who reside outside the United States. The student is not eligible until declared eligible by the Commissioner upon submission of the appropriate court documents.

2. An Ohio student returning from a domestic or foreign exchange program may resume interscholastic competition in an Ohio member school at the point of interruption provided the student did not receive credits toward graduation while participating in the exchange program and provided the student meets all requirements relative to age, semesters of eligibility as well as preceding grading period scholastic requirements in the exchange program. Such a student is ineligible until ruled eligible by the Commissioner or Board of Control. (OHSAA 4-8-2)

Transfers

1. The transfer bylaws apply to all students enrolled in grades 9-12. These bylaws apply to all schools, both public and private. (OHSAA 4-7-1)
2. If a student transfers after the 5th day of the student's 9th grade year or after having established eligibility prior to the start of school by playing in a contest (scrimmage, preview or regular season/tournament contest), the student will be ineligible for one year from the date of enrollment in the school to which the student transferred. A student is considered to have transferred whenever the student changes from that school in which the student was enrolled as a 9th grader to any other school regardless of whether the school from which the student transferred or to which the student transfers is public or non-public, member or non-member or whether the high schools are within the same school district.

EXCEPTION 1: If the parents or legal guardian have made a bona-fide legal change of residence from one public school district to another public school district, the student may enroll in either the public school within the boundaries of that public school district that includes the new residence of the parents or legal guardian or any non-public school, and be immediately eligible insofar as transfer is concerned.

EXCEPTION 2: If the student is the ward of a court-appointed guardian, and there is a subsequent change in that guardian, the student shall be eligible in the district of residence of the new guardian or at any non-public school provided the student lives with the guardian. Likewise, if the student is the child of parents who were never married or have had their marriage terminated and there is

a court ordered change of custody, the student shall be eligible in the district of residence of the new custodial parent or at any non-public school provided the student lives with the new custodial parent.

EXCEPTION 7: A student shall be entitled to one transfer into a public high school located in the public school district within which the student's parent residence is located regardless of from where the student is transferring. However, if the student utilizes this exception, the student will no longer be able to utilize the superintendent's agreement exception set forth in Exception 6 above.

EXCEPTION 11: If, and only if, a school district ceases to sponsor its interscholastic athletic program, a student may transfer to any other school and continue his/her eligibility.

3. If a transfer takes place during the season in which the student has participated in an interscholastic sport, the student is ineligible for the remainder of the sports season in the school into which the student has transferred. Note: A student may not use any of the exceptions to Bylaw 4-7-2 or 4-7-4 to circumvent this bylaw. Exception: parents move at least 50 miles away from the previous school attended. (OHSAA 4-7-3)

Athletic Department & Board of Education Policies

In order to uphold the high standards of conduct and citizenship expected of all students participating in the athletic programs at Lucas, this Athletic Participation Handbook (APH) is designed to preserve the rules, regulations and guidelines necessary to ensure the health and safety of the individual student and the orderly conduct of the athletic program. Individual coaches and/or coaching staffs may supplement the rules, regulations and guidelines contained within this handbook, but they may not establish any rules, regulations and guidelines in contradiction of this APH. Each Head Coach will provide to each student and the AD a copy of the team training rules which apply during the season and any other situation in which the student represents the school (summer camp, all-star games, etc.).

ABSENCE FROM SCHOOL

To be eligible for participation in athletics, students must be in school for at least the last half of the day (by 11:45am). Failure to do so will result in the denial of participation from practices, scrimmages and/or contests. Excused absences (field trips, doctor's appointments, funerals, etc.) *do not* prohibit a student from participating in athletics on a given day.

COLLEGE RECRUITMENT

In the event that a college coach and/or recruiter contacts a student personally, the student has the obligation to notify his/her coach and the AD. Failure to inform your coach and the AD of such contact could damage future collegiate eligibility. College recruitment information can be obtained through the athletic office or online at www.ncaa.org.

CONFLICTS IN ACTIVITIES

Lucas students are encouraged to participate in a wide range of activities, while at the same time are warned about taking on too much for their own good. Students who choose to become active in numerous activities must recognize that the potential for conflicting schedules, time constraints and other conflicts are bound to occur. Students are reminded that by joining a Lucas sports team, they are making a commitment to the school team and their teammates in regard to all practices and/or contests.

For the purpose of eliminating potential scheduling conflicts and resolving them in a positive and productive manner without the student being placed in the center of the dispute, the following guidelines are to be followed whenever a schedule conflict occurs:

- All performance activities, competitions, trips, conventions, etc. must be placed on the building calendar as soon as they are scheduled to notify all teachers, coaches, advisors, etc. of potential conflicts.
- Curricular activities (educational field trips, performances, contests, etc.) shall take precedent over athletic contests or practices. Every effort will be made to avoid these situations.
- Any formal performance activity (game, contest, tournament, etc.) shall take precedent over a practice activity.

- Any in-season practice activity will take precedent over an “open gym” and/or conditioning activity.
- Any activity that counts toward a classroom grade will have precedent.
- Precedent will be given to the activity where the student is an active participant versus one where he/she is basically a spectator.
- If a schedule conflict still exists, the coach(es), advisors and/or directors involved will resolve the conflict by utilizing an equal sharing of the student’s time. This can be accomplished by sharing of time on a given day or alternating days of attendance at the given activities.
- If the advising authorities can achieve no resolution, the Principal and/or AD will make a final decision.
- At no time will there be negative consequences for a student who finds him/herself in an activity conflict given that he/she has followed the directions provided by the advising authority.

CUTTING PROCEDURES

While the Athletic Department wishes to involve as many students as possible in athletics, there are times when students may be eliminated from a team for a number of reasons, including, but not limited to:

- a. Optimum number of students to conduct productive practices and ensure adequate substitutes,
- b. Academic eligibility of those students trying out,
- c. Talent, attitude and work ethic of those trying out,
- d. Number of individual students trying out,
- e. Specific sport-related skills and abilities.

In a situation where it becomes necessary to eliminate students from participation on a team due to the above situation(s), the following are the minimum guidelines that coaches will follow when cutting:

1. Prior to the 1st day of tryouts, the coach will provide a written criterion that students will be judged upon. The list will be as specific as possible (e.g. “students must have a vertical jump of at least 16 inches” or “be able to make lay-ups with either hand”).
2. Tryouts must last at least 3 full practice sessions. Students will be informed of the length of the tryout period in advance.
3. “Cut-lists” will not be used. The student is to be told in an individual meeting with the coach the reason(s) he/she was eliminated.
4. Provided the previous guidelines are followed, the coach’s decision is final in regard to all cuts.

DRESS CODE

Students participating in athletic workouts, summer leagues, practices, scrimmages, contests, etc., are expected to follow the same basic principles of the District’s Student Dress Code at all times, including the main principle that students shall not dress or appear in a fashion deemed inappropriate that either interferes with the student’s health & welfare or that of other student’s, or causes disruption or directly interferes with the educational process of which athletics is a part. Any form of dress or grooming that attracts undue attention or violates the previous statement is unacceptable. In addition:

- Illustrations, names, slogans or patches on clothing and/or jewelry shall not be profane, suggestive, obscene, nor refer to sex, alcohol, tobacco, drugs or other illegal activity.
- Jewelry of any type, except watches for distance runners, is not permitted.
- Brief and/or revealing clothing, items that are “see-through,” low-cut or expose one’s midriff are prohibited. Students shall not wear extremely low-cut tank tops, halter-tops, spaghetti straps or strapless garments.
- Undergarments must not be visible at any time.
- A shirt meeting the above standards must be worn at all times when outside the locker room.
- Pants, shorts, sweats, lounge pants, etc. with writing or decoration on the buttocks is prohibited.
- Footwear must be worn at all times when outside the locker room & must not pose a safety hazard.

EQUIPMENT and/or UNIFORMS

Any school equipment and/or uniforms checked out to a student are his/her responsibility. Excessive damage and/or loss of equipment/uniforms are the student’s financial obligation. Failure to return

equipment/uniforms in good condition may result in fees/penalties, denial of future participation, the withholding of grade reports and/or transcripts and/or athletic awards.

INCLEMENT WEATHER POLICY

The Lucas Local School's policy in regard to extracurricular events and practices conducted on days when school has been canceled is delineated below. It is important to realize that first and foremost, Lucas is concerned about the safety of its students and employees. Factors that contribute to the cancellation of classes are varied and require evaluation of circumstances that may change significantly between 6:00am and 3:00pm.

When school is closed due to factors other than inclement weather, such as maintenance breakdowns or other extraordinary events, all contests and practices may be conducted as usual, provided that consideration is made for participant safety.

When school is closed due to weather-related conditions like snow or ice, the following policy will be implemented:

- No practices or contests for any level below JV (9th, 8th or 7th) will be held.
- JV/Varsity activities may be conducted provided no punitive measures are taken against students whose parent/guardian(s) prohibit him/her from attending.
- No athletic activity of any kind will take place prior to 2:00pm.
- A travel advisory of "Level 2" or worse will result in the automatic postponement and/or cancellation of practices or contests.
- Head Coaches must obtain permission to conduct practice activities from the Athletic Director, Principal and/or Superintendent based on projected travel conditions during the activity time.
- Decisions in regard to contests will be made as late in the day as possible in consultation with the opponent school's administration.

MISSING PRACTICE

A student must always consult his/her Head Coach directly before missing practice. **NEVER** rely on a teammate to deliver this message for you! Missing practice(s) or contest(s) without good cause may have a negative impact on your participation. Please refer to your individual team policies for more information.

MULTI-SPORT PARTICIPATION

In certain situations, a student may be permitted to participate in multiple sports during the same season, as determined by the AD and the Head Coaches involved. In order for a student to participate in multiple sports in a given season and complete the season in good standing, he/she must adhere to the following guidelines:

1. The student will identify his/her "primary sport" at the beginning of the season (prior to the start of practice).
2. The Head Coaches of each sport will meet to discuss and establish the practice & contest schedules for the student prior to the beginning of practices. For planning purposes,
 - a. The "primary sport" will take precedence in all matters of conflicting practice times and regular season contest dates.
 - b. Any OHSAA-sponsored tournament shall take precedent over a regular season contest.
 - c. The Head Coaches involved must rectify any schedule conflicts; at no time will the student be placed in the center of this issue.
 - d. Any unresolved schedule conflict will be forwarded to the AD for a final decision.

OPEN GYM REGULATIONS

The OHSAA defines open gyms as "unstructured free play supervised by a school employee who may remove participants for disciplinary reasons." In the spirit of this bylaw, Lucas may designate the sport or sports that will be played during the free play period, but may not limit participation to select groups of students within the school (i.e. girls & boys may both attend an open gym for basketball). Only students may select the make-up of the teams during an open gym period. Written scorekeeping, regulation timing of games, written and/or oral personal invitations, mandatory attendance and coach-provided transportation is

prohibited. A coach, paid or volunteer, violates the provision of these regulations when the coach requires, suggests or in any way implies that a student's chance to be selected for an interscholastic squad is contingent upon participation at an open gym program. (OHSAA 6.1) "In-Season" coaches may choose to prevent their athletes from participating in "off-season" *team* workouts, open gyms, shootouts, etc. of another school-sponsored team. This policy does not prohibit students from taking part in *individual skill development* (i.e. hitting, pitching, shooting, etc.) at open gym opportunities. In the spirit of this policy, Head Coaches involved will meet to determine what, if any, activities the student in question can participate in, with the in-season coach having preference. Coaches will make every attempt to schedule "off-season" activities at times that will not interfere with in-season sports and/or athletes.

PREGNANCY POLICY

A pregnant student may participate in an athletic program ONLY if a physician certifies in writing that the student is physically able to participate in specific events or activities. This statement shall serve as medical clearance and assumption of responsibility and liability for the pregnant student's participation. A pregnant student may not participate in any manner until such a physician's statement is provided to the AD.

PRACTICE TIMES

Head Coaches will provide a copy of the team's practice schedule to each player and the AD. Also, practice times (except spring sports) will be listed on the school's athletic calendar, www.highschoolsports.net. Please note that schedules may change on a daily occurrence and without prior notice. Coaches will remind team members of the next day's schedule at each practice session or following each contest. In addition, no mandatory team practice may begin prior to 6:00am or conclude after 10:00pm without prior approval from the AD.

QUITTING and/or CHANGING SPORTS

Occasionally, an athlete may find it necessary to quit a sport. In these instances, the following procedure must be followed:

1. Talk with your immediate position/level coach & Head Coach.
2. Meet with the Athletic Director to discuss your situation.
3. Return all issued equipment/uniforms/etc. directly to your Head Coach. (These items will not be collected in the main office.)
4. From the time a student's name appears on the official eligibility list for a sport, he/she may not join another team or compete in another sport until after the conclusion of the first sport season. At rare times, mid-season change of teams may be permitted with approval by the AD, with input of both coaches involved, that a mid-season change of sports would be beneficial to the student without being unfair to the players of either team.
5. Without AD approval, the student will not be eligible to participate in any practices, conditioning, scrimmages or contests until the last contest in the sport that he/she has quit.

RECOGNITION NIGHT

All teams are required to attend the Recognition Night Ceremony as a conclusion to the season. Individual athlete attendance is required in order to obtain any athletic award(s) earned during the season of participation (i.e. varsity letter, numerals, sport pin, certificates, trophies, etc.). Any student failing to attend Recognition Night without a prior written excuse by a parent/guardian that has been approved by the AD must reimburse the Athletic Department for the cost of the awards he/she is to receive.

Presentation of team awards to all student-participants in grades 7-12 will be followed by the presentation of special awards and recognition. This will be followed by a period of fellowship & refreshment as provided by the Lucas Athletic Boosters Club. During this refreshment period, photographs will be taken of the Special Award recipients for publication (given they are in proper attire, as outlined below).

Students are expected to follow the dress code as established by their Head Coach, or as follows. Female dress may be a pantsuit, slacks & blouse combination or dress that is not in part or in whole, see-through and/or exposes the naval or midriff; contains a plunging neckline; has a front, back or side slit that extends more than 6.5" above the knee; or has a low back that exposes the buttocks. Males are to wear slacks with a

polo shirt, dress shirt & tie and/or sweater or a suit/jacket. Shorts, jeans, hats, t-shirts, flip-flops, etc. are not appropriate dress for a formal function such as this.

TRAVEL, CONDUCT & DRESS GUIDELINES

When traveling to and from athletic events, students are to follow the guidelines set forth by their coach, along with all regular school bus rules. Head Coaches will set their individual team's policy in regard to student transportation following contests. However, if circumstances warrant transportation home by a parent/guardian, written notice should be provided to the Coach at least one day in advance of the event and only the parent/guardian shall be permitted to sign the student out following the contest.

When traveling to and from events, conduct and dress must be appropriate and within the guidelines of the school's dress code, BOE Policies and this APH. Coaches may also choose to mandate team dress on game days and/or when traveling to and from contests. Athletes who miss the bus to travel to a contest, will not be permitted to participate in the contest without prior approval of the AD and/or Principal. While on an athletic trip, students are to remain with their squad and under the supervision of the Coach(es).

VACATION POLICY

Students are highly discouraged from partaking in vacations during the sports season. Those wishing to take vacations during their season of participation may wish to reassess their commitment to the team. In the event of an unavoidable vacation conflict, a student must notify their Head Coach well in advance of the vacation and be prepared to assume the consequences of their actions. Missing any portion of the season will have an adverse effect on their team status. No student choosing to take a vacation during the season should expect to return to the team without having to earn his or her position back.

Athletic Department Conduct Code

The following rules, regulations and guidelines will be in effect from the moment a student (athlete, manager, statisticians, etc.) begins active participation in any interscholastic program in the Lucas Local Schools. **These regulations are in effect 24 hours a day, 7 days a week, from August 1st through July 31st, which includes the entire school year and summer. These regulations are also in effect in all settings, whether school and non-school.**

In the event that a student fails to comply with these standards and expectations, it will be interpreted by the Athletic Department as an indication that the student does not have sufficient desire to participate in the athletic program. Therefore, the student may be denied the privilege of participating until such time as he/she proves his/her desire to participate. The precise period of the denial of participation will depend on the violation, attitude and disciplinary history of the student. Repeated and/or flagrant violations may result in total denial of participation from the interscholastic athletic program. *For any student in violation of the athletic policy during the school year, but not during the season of his/her participation, disciplinary procedures will carry into the next consecutive season of participation.*

It is important to remember that if a student is fortunate enough to become a member of a Lucas sports team, this does not indicate a right to participate on the team. It is a privilege to be an athlete and the privilege of participation is dependent upon a student successfully upholding the rules, regulations, expectations and guidelines contained within this APH.

DUE PROCESS PROCEDURES

As a matter of constitutional, as opposed to statutory law, a student does not have a constitutionally protected liberty or property interest in extracurricular activities. In *Glenn v. Harper*, 620 F.2d 302 (6th Cir. 1980), the District Court determined that athletes do not have a right to due process procedures (notice, hearing, etc.). However, every effort will be made by school administration to inform the student and parents/guardians of the violation and potential consequences.

When the alleged infraction becomes known, the student shall be informed of the possibility of the denial of participation and the reason(s) for such action by the Coach, Athletic Director and/or Principal. Administrators have the right to suspend the student from school and deny the privilege of athletic

participation in accordance with the policies outlined in this handbook. Parents/guardians of Lucas students are given the opportunity to appeal all decisions of athletic participation directly to the Superintendent of Schools, whose decision is final. If the decision is made to appeal a denial of participation, the superintendent's office must be notified in writing within twenty-four (24) hours.

CONDUCT

1. Any violation of the athletic policy is subject to disciplinary consequences in line with school policy, individual sport training policies and this APH.
2. Any disciplinary problems in school or at school-related activities involving the student, whereby the student is suspended from the regular classroom setting, ***including placement in the Alternative Learning Center*** (ALC), will result in the denial of participation from all contests during the suspension period.
3. During placement within the ALC, the student is required to attend and participate in all practices. Failure to do so may result in ejection from the team/squad. During an out-of-school suspension, the student is prohibited from attending any practice or contest involving the team/squad, home or away.

HAZING POLICY

Hazing activities of any type are inconsistent with the educational process and shall be prohibited at all times. Hazing is defined as doing any act or coercing another, including the victim, to do any act of initiation into any student or other like organization that uses or creates a substantial risk of causing mental or physical harm to any persons. Permission, consent or assumption of risk by an individual subjected to hazing ***does not*** lessen the prohibition contained herein.

No administrator, faculty member or other employee or volunteer of the District shall encourage, permit, condone or tolerate any hazing activities. No student, including leaders of student organizations, shall plan, encourage or engage in any hazing. Hazing will result in suspension and/or expulsion from school and denial of athletic participation. If hazing or planned hazing is discovered, the involved students shall be informed of the prohibition contained within this policy and shall be required to cease all hazing activities immediately. All incidents of hazing shall be immediately reported to the Athletic Director. Those who fail to abide by this policy, including administrators, faculty members, employees, volunteers, students and etc., may be subject to disciplinary action and be liable for civil and criminal penalties in compliance with Ohio law (ORC 2307.44, 2903.31).

DRUG POLICY

Students are prohibited from using, consuming, dispensing, selling, distributing, transmitting and/or possessing any form of illegal narcotic and/or illegally used drug (a drug or medication used in a manner other than its intended form), counterfeit drug and/or paraphernalia.

FIRST OFFENSE

1. The student may be denied the privilege of athletic participation for a period of up to one (1) calendar year from the date of the violation.
2. This denial of participation may be reduced to a six (6) month denial of participation, provided the student receives an evaluation by a certified counselor or a physician trained in chemical dependency. The student must have a drug/alcohol screening to determine the level of involvement and attend an intervention program (screening and program at parent/guardian expense). Proof of successful completion of such a program must be provided to the AD before a reduction will be provided.

SECOND OFFENSE

1. The student shall be denied the privilege of athletic participation for the remainder of his/her career.
2. This denial of participation may be reduced to a two (2) year denial of participation period, provided the student receives a full & complete dependency assessment by a certified professional counselor and follows all recommendations of the assessor which may include out-patient counseling and education, in-patient treatment, referral to another social service agency and others. This assessments, and implementation of the assessor's plan, are at the expense of the parent/guardian. No reduction will be granted until after completion of both the assessment and the recommendations.

Proof of successful completion of such a program must be provided to the AD before a reduction will be provided.

THIRD OFFENSE

1. The student shall be denied the privilege of athletic participation for the remainder of his/her career, without the opportunity for a reduction.

ALCOHOL/TOBACCO POLICY

Students are prohibited from using, consuming, dispensing, selling, distributing, transmitting and/or possessing any form of alcohol, tobacco and/or paraphernalia.

FIRST OFFENSE

1. The student will be denied the privilege of athletic participation for twenty-percent (20%) of the total contests in a season, plus receive any disciplinary consequences as dictated by the school discipline code. The exact number of contests to be missed will be determined by the season(s) and/or sport(s) participated in.
2. The student shall be required to attend and participate in all practice sessions during the denial of participation period. He/She shall also be required to attend all contests during the denial of participation period, but will not be permitted to wear the team uniform.

SECOND OFFENSE

1. The student shall be denied the privilege of athletic participation for the remainder of the current season and fifty-percent (50%) of the next consecutive season participated in.
2. This denial of participation may be reduced to a thirty-percent (30%) denial of participation, provided the student receives an evaluation by a certified counselor or a physician trained in chemical dependency. The student must have a drug/alcohol screening to determine the level of involvement and attend an intervention program (screening and program at parent/guardian expense). Proof of successful completion of such a program must be provided to the AD before a reduction will be provided.
3. The student shall be required to attend and participate in all practice sessions during the denial of participation period. He/She shall also be required to attend all contests during the denial of participation period, but will not be permitted to wear the team uniform.

THIRD OFFENSE

1. The student shall be denied the privilege of athletic participation for one (1) calendar year from the point of the violation.
2. This denial of participation may be reduced to a six (6) month denial of participation period, provided the student receives a full & complete dependency assessment by a certified professional counselor and follows all recommendations of the assessor which may include out-patient counseling and education, in-patient treatment, referral to another social service agency and others. This assessments, and implementation of the assessor's plan, are at the expense of the parent/guardian. No reduction will be granted until after completion of both the assessment and the recommendations. Proof of successful completion of such a program must be provided to the AD before a reduction will be provided.
3. The student shall be required to attend and participate in all practice sessions during the denial of participation period. He/She shall also be required to attend all contests during the denial of participation period, but will not be permitted to wear the team uniform.

FOURTH OFFENSE

1. The student shall be denied the privilege of athletic participation for the remainder of his/her career, without the opportunity for a reduction.

Athletic Award Information

To earn an athletic award, the student must complete the season in good standing, which includes attending the Recognition Night ceremony, returning any school-issued uniforms/equipment and maintaining eligibility and behavioral expectations. Students who have earned varsity letters from another school may transfer their award to LHS given that they provide proof of their lettermen status to the AD (i.e. program, letter from previous AD,

etc.). In addition to the criteria below, the Head Coach of each sport program has the right to use his/her discretion in dealing with all borderline or questionable cases of athletic awards, including injured athletes, seniors, students who start in 75% of tournament competition, etc.

Varsity Letter Requirements

Baseball & Softball: must have played in 1/4th of all the season's innings, have pinch-hit or pinch-run in 3/4^{ths} of the games played or made four (4) starts or six (6) appearances.

Basketball: must have participated in 50% of all quarters.

Cheerleading: must have met 90% of contest and practice requirements.

Cross Country: must have participated in 90% of possible meets.

Volleyball: must have participated in 50% of games (not matches).

Football: must have participated in 50% of all quarters or start on special teams all season.

Track & Field: must have earned a minimum of 20 points or participated in 50% of possible events.

Students meeting the above criteria for their particular sport shall receive the following awards in recognition of their participation:

1st Year Letterwinner: Varsity 'L', sport pin, class numerals and certificate. Note: student shall only receive one chenille block 'L' during his/her career.

2nd Year Letterwinner: sport ribbon, medallion and certificate.

3rd Year Letterwinner: sport plaque and certificate

4th Year Letterwinner: sport plate/plaque and certificate

Senior Letterwinner Award: a plaque will be presented at the end of the year assembly to any senior earning five (5) varsity letters during his/her career. Plaque will signify the sport(s) and letters earned.

Junior Varsity Certificate

A certificate is presented to those students not meeting the above criteria for a varsity letter.

Freshman Certificate

A certificate is presented to those freshman students not meeting the above criteria for a varsity letter or JV certificate.

Middle School Participation Certificate

A certificate is presented to those middle school students that indicate the sport and season of participation.

Lucas Local Schools Athletic Council

The purpose of the Lucas Local Schools Athletic Council is to integrate all interscholastic athletics of the middle and high schools within the educational program of the District. To do so, the Athletic Council will recommend athletic policy and exist as an open forum for the discussion of any athletic concerns from coaches, students and/or parents/guardians. This council will not function in any way that interferes with the duties and responsibilities of the Superintendent, Principal(s) and/or Board of Education. Furthermore, the Council will not review any personnel for employment, reemployment, transferring of duties and/or termination of employment.

The Athletic Council shall be composed of the Superintendent of Schools, High School and/or Middle School Principal, Athletic Director, a designated member of the Board of Education, the President of the Lucas Athletic Boosters Club, all Head Coaches of the varsity athletic programs and one additional representative from a male and female athletic program at the Middle School level. The Athletic Council is scheduled to meet twice per year, following the fall & spring sports seasons, but special meetings may be called. The Athletic Director shall inform all members of the specific date, time and location of the meetings. A quorum shall be called when a majority of the members are present at the meeting. Agenda items may be submitted in writing to the Athletic Director at any time from any interested party.

Lucas Athletic Boosters Club

The Lucas Athletic Boosters Club is dedicated to the development of all Lucas athletic programs. Much of this development is accomplished by supplementing the individual sports by providing uniforms, travel bags, warm-ups, post-game meals, advertising, travel expenses for teams and coaches, team jackets, field maintenance

equipment and much more. This is accomplished through a variety of fundraising activities including game concessions, raffles, funding drives, etc. The Lucas Athletic Boosters Club also helps students beyond high school through an annual scholarship competition. The Lucas Athletic Boosters Club always welcomes new members to its ranks. If you are interested in joining the Club, just attend the next meeting in the middle school library. The Association meets the first Monday of each month, unless a holiday, at 6:00pm. For more information, visit www.lhscubs.com.

2009-2010 Ticket Information

North Central Conference Admission Prices

Varsity & Varsity/JV Events: Adult - \$6.00, Student - \$4.00 (K-12)
 JV, 9th or Middle School Events: Adult - \$4.00, Student - \$3.00 (K-12)

Lucas Local Schools Admission Specials (*honored at Lucas only*)

Family Pass: \$235.00 (*Good for immediate family members only, must have children attending Lucas*)
Saves a family of four who attends every athletic event at LHS over \$900!

Ten-Event Pass: Adult: \$50.00, Student: \$35.00 (*Good for ten home contests at any level*)

Passes may be purchased at the gate of any home event or in the High School Office. Make checks payable to: *Lucas Athletics*.

North Central Conference Opponent Information

Bucyrus City Schools

Mascot: Redmen	Colors: Red & White	http://www.bucyrus.k12.oh.us/buchs/
Bucyrus High School		Bucyrus Middle School
900 W. Perry St.		245 Woodlawn Ave.
Bucyrus, OH 44820-1761		Bucyrus, OH 44820
419-562-2739		419-562-0003

Buckeye Central Local Schools

Mascot: Bucks/Buckettes	Colors: Red & Gray	http://www.buckeye-central.k12.oh.us/
Buckeye Central High School		Buckeye Central Junior High
306 S. Kibler St.		306 S. Kibler St.
New Washington, OH 44854		New Washington, OH 44854
419-492-2551		419-492-2266

Colonel Crawford Local Schools

Mascot: Eagles	Colors: Black & Gold	http://www.colonelcrawfordlocalschools.com/index.php
Colonel Crawford High School		William Crawford Intermediate School
2303 State Route 602		PO Box 20
North Robinson, OH 44856		North Robinson, OH 44856
419-562-7529		419-562-7529

Crestline Exempted Village Schools

Mascot: Bulldogs	Colors: Blue & White	http://www.crestline.k12.oh.us/index.php?section=hs
Crestline High School		Southeast School
7854 Oldfield Road		300 East Arnold
Crestline, OH 44827		Crestline, OH 44827
419-683-3647		419-683-3647

Ontario Local Schools

Mascot: Warriors	Colors: Blue & Gold	http://www.ontario.k12.oh.us/HS/athletics.html
Ontario High School		Ontario Middle School
467 Shelby Ontario Road		447 Shelby Ontario Road
Mansfield, OH 44906		Mansfield, OH 44906
419-529-7002		419-529-5507

Riverdale Local Schools

Mascot: Falcons	Colors: Blue & Gold	http://www.riverdale.k12.oh.us/athletics.html
Riverdale High School		Riverdale Junior High
20613 State Route 37		20613 State Route 37
Mt. Blanchard, OH 45867		Mt. Blanchard, OH 45867
419-694-2211		419-694-2211

Wynford Local Schools

Mascot: Royals Colors: Royal Blue & Gray <http://www.wynford.k12.oh.us/highschool/athletics-hs.asp>
Wynford High School Wynford Junior High
3288 Holmes Center Rd. 3288 Holmes Center Rd.
Bucyrus, OH 44820 Bucyrus, OH 44820
419-562-7828 419-562-7828

Galion City Schools (entering NCC play in 2011-2012)

Mascot: Tigers Colors: Blue & Orange <http://www.galion-city.k12.oh.us/>
Galion High School Galion Middle School
472 Portland Way North 200 West Walnut St.
Galion, OH 44833 Galion, OH 44833
419-468-6500 419-468-3134

Upper Sandusky Exempted Village Schools (entering NCC play in 2011-2012)

Mascot: Royals Colors: Royal Blue & Gray <http://www.wynford.k12.oh.us/highschool/athletics-hs.asp>
Upper Sandusky High School Upper Sandusky Middle School
800 North Sandusky Ave. 390 West Walker St.
Upper Sandusky, OH 43351 Upper Sandusky, OH 43351
419-294-2308 419-294-5721

Non-League Opponent Information

Black River HS/MS	233 Country Rd. 40	Sullivan, OH 44880	419-736-3303
Cardington-LincolnHS	349 Chesterville Ave.	Cardington, OH 43315	419-864-7696
Centerburg HS	119 S. Preston St.	Centerburg, OH 43011	740-625-6055
Clear Fork HS	987 St. Route 97 E.	Bellville, OH 44813	419-886-2601
Convoy Crestview HS	531 E. Tully St.	Convoy, OH 45832	419-749-9100
Crestview HS/MS	1575 St. Route 96	Ashland, OH 44805	419-895-1700
Galion HS	200 N. Union St.	Galion, OH 44833	419-468-6500
Hiland HS (Berlin)	4400 St. Route 39	Berlin, OH 44610	330-893-3135
Hillsdale HS	485 Township Rd. 1902	Jeromesville, OH 44840	419-368-8516
Loudonville HS	412 Campus Ave.	Loudonville, OH 44842	419-994-4101
Madison HS	600 Esley Lane	Mansfield, OH 44905	419-589-2112
Mansfield Christian School	500 Logan Rd.	Mansfield, OH 44907	419-759-5651
Mansfield Senior	124 N. Linden Rd.	Mansfield, OH 44906	419-525-6344
Mapleton HS	1 Mountie Dr.	Ashland, OH 44805	419-945-8117
Mount Gilead HS	338 W. Park Ave.	Mount Gilead, OH 4338	419-947-6065
New London HS	1 Wildcat Dr.	New London, OH 44851	419-929-4413
Northmor HS	5353 Country Road 29	Galion, OH 44833	419-947-9584
Northwestern HS	7571 N. Elyria Rd.	West Salem, OH 44287	419-846-3833
Ontario HS/MS	467 Shelby-Ontario Rd.	Mansfield, OH 44906	419-529-7002
Plymouth HS	400 Trux St.	Plymouth, OH 44865	419-687-8200
Smithville HS	480 E. Main St.	Smithville, OH 44677	330-669-3165
South Central HS	3305 Greenwich-Angling Rd.	Greenwich, OH 44837	419-752-3354
St. Bernard’s Middle School	320 W. Mansfield St.	New Washington, OH 44854	419-492-2693
St. Joseph Middle School	333 N. Thoman St.	Crestline, OH 44827	419-683-5191
St. Peter’s School	104 W. First St.	Mansfield, OH 44902	419-524-0979

Frequently Asked Questions

Q: Is today’s game still on?

A: Every attempt will be made to play contests when they are scheduled. Often decisions are made at the last second regarding snow or rainouts. Refer to local media outlets and www.highschoolsports.net for updates.

Q: School has been canceled due to weather, are we still playing tonight?

A: If you are asking about a Varsity or JV game, *maybe*, but MS/9th events are automatically postponed! Refer to the Inclement Weather Policy on page #14 for details and www.highschoolsports.net for updates.

Q: Why isn’t my student’s name in the paper?

A: Coaches have no say in what articles make the paper, let alone whose names make the article – it is all up to the article’s author and the editors.

Q: Can I ride home from the game with my boyfriend/girlfriend?

A: No! Only a parent/guardian may sign an athlete out following a contest, if the Head Coach permits. See the Travel, Conduct & Dress section on page #16 for more information.

Q: I was placed in the Alternative Learning Center (ALC) today – can I still compete tonight?

A: No. You are ineligible for participation in any contest while you are suspended from classes.

Q: I was sick this morning and came late to school at 1:00pm - can I still compete tonight?

A: No. You are ineligible for any practice, scrimmage and/or contest because you were not present for the last half of the day (in by 11:45am).

Q: Am I eligible for next semester/season?

A: Eligibility is different for students in grades 7-8 than it is for students in grades 9-12. See the Scholarship section on pages #10 for more information or contact the AD for clarification.

Q: Will my summer school classes make me eligible?

A: No!

Q: Can I stay eligible if my teachers just give me “incompletes” for my grades?

A: No! The OHSAA mandates that “incomplete” grades be figured as an “F.”

Q: How do I get in touch with my Head Coach?

A: You can e-mail your coach using the links on the www.lhscubs.com website, call them at the number they provide you or leave a message in their school mailbox.

Q: I have a dentist’s appointment at 3:00pm today - can I still compete tonight?

A: Yes, this is considered an “excused absence from school.”

Q: My season is over – can I turn my uniforms/equipment into the office?

A: No. All uniforms, equipment and/or supplies must be turned in directly to your Head Coach.

Q: Why is there no story about last night’s contest in the paper?

A: The local papers do the best they can, but are limited by time, space and budgets. Coaches do their best to turn in game reports, but the paper editors make the final cut. Check out www.lhscubs.com for your news!

Q: Do you have a map or directions to tonight’s contest?

A: The office has a *very old & often outdated* book of maps to OHSAA schools that can be copied for you. However, if you view our contest schedules on-line through www.highschoolsports.net, you can obtain maps & driving directions to away events directly from the schedule screens.

Let's Go Cubs!